

skin types

It is important to understand your skin types; this helps you to make the right choices in your skin products. There is generally a method of skin classification according to the balance of water and sebum in the tissues.

normal skin usually feels soft, smooth, finely textured, balanced in both oil and moisture, no enlarged pores or blemishes and is firm and resilient.

oily skin has a coarser texture with enlarged pores, is prone to acne, blackheads and infections.

dry skin is usually delicate and fine textured, with no obvious pores. It lacks moisture.

combination skin is a mixture of two or more skin types, often a combination of dry and oily patches on the T zone.

sensitive skin is usually fine textured and often prone to lines and small surface veins. It can suffer redness and irritation when exposed allergens in the air to produces with harsh chemicals.

dehydrated skin is lacking water quickly wrinkled, drawn and often cold. Which can be caused though insufficient fluid intake, poor lymphatic function, diet, climatic conditions, heating or air-conditioning. Both dry and oily skins can be dehydrated.

mature skin Mature or ageing skin is often prone to dryness and dehydration as it lacks oil and moisture which makes it more prone to wrinkles and lines. It can often look dull.

acneous This a acne suffers, often cause from the sebaceous glands and hair follicles. An excess of sebum is produced and clogs the pores forming blackheads and pimples.

This skin is the body's only visible organ and the face is the most exposed part, open to the elements of the passing seasons.

In a one centimeter square piece of skin there are twelve oil glands, ten hairs, one hundred sweat glands, one meter of blood vessels, two and half meters of nerves and a total of three million cells.

The thinnest skin is found on the eyelids and lips, the thickest on the forehead, jaw and shin. The oiliest is the nose, temples and forehead, the driest on the cheeks and jaw. This is why it is important to use a product that takes all these things into consideration.

The team for the Delightfully Natural has done the research and has come up with a range of products to meet out beauty needs.

eye cream

Because this skin has fewer oil glands than the rest of the face, it is far more prone to lines of wrinkles. Regular applications of eye cream will help plump and moisten the eye area. Rich and heavy creams can drag the skin down. Avoid commercial eye gels or toners that contain alcohol, they may temporarily tighten the area but are harsh and can cause all sorts of irritation.

Delightfully Natural eye cream is a:

- Rich in essential fatty acids
- Helps regeneration of new skin
- Nourish and hydrate the skin
- Helps to restore elasticity
- Contains anti-oxidants
- Helps protects cellular structures against damage
- Cools the skin
- Anti inflammatory
- Helps soothes irritated skin

Ingredients: Aloe Vera Gel, Borage Oil, Coconut Oil, Witch Hazel, Vitamin E , Green Tea extract , Cucumber, Papaya, Purified Water Vegetable Glycerin, Sunflower Vegetable Oil, Caprylic / Capric Triglyceride Almond Sweet Oil, Cetearly Alcohol, ISO - Propyl Myristate, Stearic Acid Vegetable Mono Diglyceride

Skin Type All Skin types



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beauty products

Delightfully Natural Beauty Products

Delightfully Natural beauty products are made with the highest quality organic and natural plant derived ingredients, including aromatherapy essential oils for their soothing nourishing and healing properties

Aromatherapy essential oils work wonderfully in skincare products, as they provide all the elements required for healthy skin. They are rejuvenating, antiseptic and tonic properties can help prevent or help clear skin congestion and stimulate the generation of new cells. They penetrate deep into the dermis and beyond into the bloodstream to provide further therapeutic effect because of their small molecular size.

- Are highly antiseptic
- Helps speed up removal of old skin cells and promotes growth of new ones
- Improve muscle tone and blood circulation
- Helps eliminate waste
- Reduce inflammation
- Reduce the impact of emotional stress

www.delightfullynatural.com.au



cleansers

Cleansing your face is the first and most important step in your skincare ritual. Delightfully Natural cleanser gently removes excess oil, pollution, makeup, grit and grime accumulated during the day. It also helps loosen dead skin cells, dislodge blackheads and clean out pores. Poorly cleansed skin leaves oil glands congested with dirt and cellular waste, which is a perfect environment for a break-out.

Most commercial cleansers contain surfactants like sodium, lauryl sulfate, which can strip the skin of its natural oils and upset the skins pit. This can send the oil glands into overdrive or cause irritation to the skin.

Tips Gently press the face with a warm damp cloth to help loosen clogged pores then apply the cleanser into the face and neck using an upward circular motion then rinse.

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If your cleanser leaves your skin feeling tight and uncomfortable it is best to avoid.

Sometimes it is a good idea to cleanse twice, once to remove make-up and surface dirt and the second time to give it a really good clean.

It is a good idea to use your cleanser twice a day, once in the morning to remove waste the skin has expelled overnight and of an evening to remove make-up and the day's collection of dirt.

Ingredients; Passionfruit Oil, Watermelon, Witch Hazel, Purified Water, Vegetable Glycerin, Sunflower Vegetable Oil, Caprylic / Capric Triglyceride Almond Sweet Oil, Ceteary Alcohol, ISO - Propyl Myristate, Stearic Acid, Vegetable Mono Diglyceride

face scrub

Delightfully Natural face scrub is designed to remove dead skin, leaving it feeling soft and clean. Regular exfoliation is widely believed to be one of the keys to retaining and promoting a fresh, youthful complexion.

Tips Gently rub, don't scrub. Even the slightest irritation inflammation of the skin can provoke free radicals cicitivity leading to premature ageing of the skin

For sensitive skin use once a week or fortnight. For oily skin may require exfoliation every second day or day if needed.

If you work in a greasy or dusty environment use on a regular bases if not daily.

Apply and massage into a damp face with your finger tips. Focus on the nose, forehead and lower lip area.

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Ingredients; Witch Hazel, Kakadu Plum, Cucumber Oil, Bamboo, Pumice Stone Purified Water, Vegetable Glycerin, Sunflower Vegetable Oil, Caprylic / Capric Triglyceride, Almond Sweet Oil, Ceteary Alcohol, ISO - Propyl Myristate, Stearic Acid, Vegetable Mono Diglyceride

toner

Delightfully Natural antioxidant toner is different to conventional toner, as it is antioxidant spray. Antioxidants help kill off free radicals that destroy cells prompting ageing of the cell.

Antioxidants reduce oxidative stress in our bodies and minimize damage to DNA and proteins by mapping up highly reactive free radicals molecules.

Now that you understand the importants of antioxidants you can understand why this product us a must in our beauty range.

Tips This toner can be applied as often as you like, over or under any of the beauty range or just throughout the day to refresh your skin the more the better we say.

Skin Types All skin types

Ingredients: Green Tea Extract, Lactic Acid, Pink Mulla, Aloe Vera Juice, Floral Water, Witch Hazel

day cream

Moisturizer helps prevent dehydration and dryness while creating a protective barrier against free radicals and moisture loss.

Delightfully Natural nourishing day cream was formulated to hydrate and nourish whilst assisting to protect your skin, whilst also protecting it from environmental damage.

Tips

Moisturising is most important in the morning to protect your skin from the vicissitudes of daily life. Apply after cleaning and toning and wait a few minutes before applying your make-up.

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Ingredients; Purified Water, Vegetable Glycerin, Sunflower Vegetable Oil, Caprylic / Capric Triglyceride, Almond Sweet Oil, Ceteary Alcohol, ISO - Propyl Myristate, Stearic Acid, Vegetable Mono Diglyceride, vit B, vit E, Aloe Vera Gel, Pumpkin seed , Avocado, Kukui nut , Evening Primrose, Beta Glegcon , Shea Butter, Promgrante , Honey, coconut oil , Villina, Nerli.

night cream

Delightfully Natural night cream contains powerful antioxidants which helps rejuvenate skin as well as helping repair sun damage. This particular product contains pomegranate, in Greece, pomegranate is one of the most potent anti-ageing fruit and is still revered for its protective qualities. It also contains three times more anti-oxidants of green tea, helping it improve elasticity and smooth line fines with the extra benefit of carrying the oxygen to the skin helping it feel firm and more toned.

Skin Types All skin types

Ingredients: Green Tea Extract, Marine Collagen, Vitamin E, Sea Buckthorn, Shea Butter, Promgronate, Hayaluronuic Acid, Kakadu Plum, Purified Water, Vegetable Glycerin, Vegetable Oil, Caprylic / Capric Triglyceride, Almond Sweet Oil, Ceteary Alcohol, ISO - Propyl Myristate, Stearic Acid, Vegetable Mono Diglyceride, Rosewood, Sandalwood, Neroli

night oil

Delightfully Natural night oil is very powerful product with gives amazing result. Being an oil it penetrates quickly into skin, it ingredients contain high amounts of fatty acids as our body does not make them we need to put them on our skin or eat them.

Benefits of Fatty Acids

Plump up the skin cells helps them retain moisture and restore the barrier function of the skin.

Inhibit bacterial growth and allow our systems to defend against infection and inflammation.

Our night oil has many other benefits:

- Very healing
- Helps tissue regeneration
- Helps smoothes wrinkles
- Fabulous moisturizer
- Helps protect cellular structure
- Anti-inflammatory
- Softens skin
- Maintains skin water balance

Skin Types Dry skin, mature skin, normal skin, dryharate skin

Ingredient: Rosehip Oil, Kukui Nut Oil, Sea Buck Thorn, Evening Primrose Oil Vitamin E, Promgranate, Macadamia Nut Oil, Neroli

mask

Using a mask is an important part of your beauty rahime as it has many benefits. Masks are used to cleanse the skin, absorb excess oil, remove dead skin cells, heal damages or blemish skin, soften blackheads, stimulate the circulation in the skin and regenerate healthy cells, nourish, moisturize hydrate and soothe your skin and improve skin color and tone.

Delightfully Natural mask is cleansing and toning to the skin especially good for skin losing its tone.

Other benefits:

- Helps rejuvenate the skin
- Powerful antioxidant
- Helps promote elasticity
- Contains healing properties
- Helps reduce old scars
- Anti flammatory
- Helps stimulate collagen and tone
- Helps smooth fine lines
- Carries oxygen to the skin
- Plumps up the skin

Ingredients; Clay, Floral Water, Green Tea Extract, Marine Collagen, Vitamin E, Helychrisum Oil, Purified Water, Vegetable Glycerin, Sunflower Vegetable Oil Caprylic / Capric Triglyceride, Almond Sweet Oil, Ceteary Alcohol, ISO - Propyl Myristate, Stearic Acid, Vegetable Mono Diglyceride, Rose, Sandelwood.

